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Hot/Cold Therapy 2

HOT/COLD THERAPY



HEAT SPRAY 150ML

150ml

Handy spray can.
Relief of pain, inflammation and aches.
Deep body massage for strains,bruises and aching muscles.

[Read More](#)

SKU: 8535

Price: £2.79 exc. VAT

Categories: [Hot/Cold Therapy](#), [Skin Creams & Sprays](#)



SPORTS TRIGGER SPRAY EMPTY 500ML

500ml

Sports Trigger Spray Empty 500ml

[Read More](#)

SKU: 1072

Price: £2.85 exc. VAT

Category: [Hot/Cold Therapy](#)



INSTANT ICE PACK PACK OF 5

23.5 x 12cm

The Instant Ice Pack is an alternative to the re-usable hot & cold packs and is ready for immediate use in any emergency where cold therapy is required.

packaged in a durable wrap which is easily handled and is patient-friendly, whilst being tough enough to withstand the rigours of transportation and storage.

Portable

Great for minimizing swelling after injury

240g

[Read More](#)

SKU: 1021P

Price: £4.90 exc. VAT

Category: [Hot/Cold Therapy](#)

INSTANT ICE PACK CHILD

100g

Free from ammonium nitrate.

Ideal for use with Children.

Suitable for first aid kits.

Ideal sports product.

Easy to use, disposable ice pack for the first aid treatment of sprains and abrasions.

On the spot immediate ice therapy, twist the pack and apply to bruising, sports sprains and muscle injuries.

[Read More](#)

SKU: 1021CHILD

Price: £0.98 exc. VAT

Category: [Hot/Cold Therapy](#)



REUSABLE HOT/COLD PACK

250g

Luxury reusable pack in strong nylon pouch

Reusable hot/cold packs can be used from the fridge, freezer or microwave to provide targeted relief.

Use it cold as a relieving compress to help with swelling and bruising after an injury.

Use it warm to soothe and comfort aches and pains.

23cm x 12.5cm

[Read More](#)

SKU: 1022

Price: £1.75 exc. VAT

Category: [Hot/Cold Therapy](#)



REUSABLE HOT/COLD PACK CHILD

13x14cm

Reusable gel pack for both hot and cold therapy treatment.
Soft gel keeps cold in freezer or refrigerator for cold therapy.
Microwavable for heat therapy.

The compact packs are ideal for children as well as use on smaller areas such as elbows, knees and ankles.

Easily conforms to the body ensuring maximum contact with the injured area to provide effective treatment.

Use a cover/sleeve, compression cuff, dressing or other barrier between pack and skin to prevent burns or frostbite

The packs are durable, burst and puncture resistant making them ideal for repeated use.

[Read More](#)

SKU: 1022CHILD

Price: £1.40 exc. VAT

Category: [Hot/Cold Therapy](#)



HOT/COLD PACK DISPOSABLE PAPER COVER 100

Provides extra comfort and protection from freeze burn when this cover is applied to an Instant or reusable Hot /Cold Product.

Non-woven paper cover.

[Read More](#)

SKU: 1022COVER

Price: £18.90 exc. VAT

Category: [Hot/Cold Therapy](#)

HOT/COLD PACK REUSABLE SLEEVE WITH VELCRO FASTENING

Adjustable Sleeve with Velcro Fastening.
Suitable for both instant and reusable Hot/Cold products.
Essential add-on for Hot/Cold Packs.
Reduces risk of freeze burn.
Protects from overheating skin surface.
Provides extra comfort and protection from freeze.
Easy to position on the body with the adjustable velcro band.

[Read More](#)

SKU: 1028

Price: £3.97 exc. VAT

Category: [Hot/Cold Therapy](#)



MEDICHILL COOL CUBES FOR CHILDREN

Medium 13x15cm

Medichill's Cool Cubes are flexible, comfortable and completely safe to use both in schools and at home.

Cool Cubes for Children are the Number 1 choice for thousands of schools.

A professional and economical cold compress, which can be given to children to take back to class and use unsupervised.

A safe, effective and natural way to soothe pain and reduce swelling. Non-allergenic.

Ideal for treating playground bumps and bruises, stings and bites, getting the children back to class faster.

Stays cold for prolonged periods.

Can be cut to a smaller tailored size for additional cost savings or increased flexibility.

Simple to prepare and easy to use - Soak - Freeze - Apply.

Same patient can reuse, or easily disposed after use for greater infection control.

Stays dry when thawing out, meaning no mess or excess water.

Lightweight and easy to store. No expiry date.

[Read More](#)

SKU: 1025

Price: £35.65 exc. VAT

Category: [Hot/Cold Therapy](#)

QUOOL COLD PAD X 6

Quool is a natural menthol patch for relief from discomfort of muscle and joint problems.

Quool may be used for, and help, tired and aching muscles e.g. after gardening, for back problems, for temporary relief of rheumatic & other arthritic problems, or for minor sports injuries.

Quool Patch has a pleasant aroma and a slim, flexible, non-messy format suitable for wearing under clothing. It does not contain any medication or drug substances.

The gel layer contains 0.5% of natural l-menthol to provide the cooling effect.

Quool Patches are easily trimmed and shaped for use on small joints, like fingers and come in a resealable bag with no need for refrigeration.



[Read More](#)

SKU: 1027

Price: £9.29 exc. VAT

Category: [Hot/Cold Therapy](#)

FOOT PAIN COLD PACK

Built in Compression Strap 6"x 9"

Built in Compression Strap 6"x 9"

The patented Rapid Relief Premium Foot Pain Cold Pack is our single solution for various foot issues, in one convenient package.

Our Contour-Gel technology allows the compress to mold to multiple areas of the foot and remains flexible when frozen.

Manufactured with premium fabric, it is easy to use, and includes a built-in Compression Strap 6"x 9" to hold the pack in place and add compression.

Direct-to-skin application.

Provides relief from pain and swelling associated with various foot conditions and injuries, such as sprains, tears, Achilles pain and more.

[Read More](#)

SKU: 1029

Price: £7.49 exc. VAT

Category: [Hot/Cold Therapy](#)



ICE BAG 11"

11"

Designed to aid and comfort at home ailments such as headaches and fever.

Made from a premium soft and comfortable material, the Rapid Relief Ice Bag is an economical and ideal way to treat inflammation, swelling, bruising and minor injuries.

Variety of applications; can be used on any body part.

Quality cap: easy to open; extra-large opening wide enough to take whole ice cubes.

No leakage or mess from melted ice cubes.

Reducing inflammation, muscle spasms and pain.

Reduction of swelling or bruising from minor injuries.

Helps alleviate headache and migraine pain.

[Read More](#)

SKU: 1026

Price: £6.80 exc. VAT

Category: [Hot/Cold Therapy](#)



FREEZE SPRAY 150ML

150ml

Handy spray can.

Relief of pain, inflammation and aches.

[Read More](#)

SKU: 8531

Price: £2.79 exc. VAT

Categories: [Hot/Cold Therapy](#), [Skin Creams & Sprays](#)